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Cultural Competency Training * CPO Conference

November 18, 2010

Regional Staff College

Memramcook, New Brunswick

- 9:00am Welcome and Introductions
- 9:15am Drawing a circle of safety
What do you need to get out of the day?
Introduction/Development of issues for discussion in second exercise **
(Issues Box)
- 9:35am Presentation on cultural competence
- 10:15am Understanding your own cultural world view
Exercise:
1. Consider Nichol's chart and how it describes culture in terms of values (what's most important to us) and ways of knowing. Take 10 minutes and think about what your values are and how you come "to know" things. Write down key words to describe each.
- 10:30am Break **
- 10:45am Resume Exercise:
2. Find the person in the room whose values and ways of knowing most closely align with yours. Once everyone is paired up we'll report back from where we're standing.
3. Now go find the person in the room whose values and ways of knowing are most different than yours. Once everyone is paired up we'll report back again from where you're standing.
- 11:00am Introduce/Set up for second exercise
Issues, choosing conversations, self organized groups, getting started
- 12:00noon LUNCH!!!
- 1:00pm Report back from second exercise: The 10 things we need to do . . .
- 1:30pm Wrap up and Final Q&A